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MANTALVANOS, SOULA
10 STOKES STREET, QUEENSCLIFF. 3225

Phone: 0438866068

Birthdate: 17/11/1969

Sex: F

Medicare Number: 33019110081

Your Reference: 00250146

Lab Reference: 23-78151734-LS-0

Laboratory: AUSTRALIAN CLINICAL LABS

Addressee: DR JANET REID

Referred by: DR JANET REID

Name of Test: LIPID STUDIES

Requested: 20/04/2023

Collected: 21/04/2023

Reported: 21/04/2023

20:54

CLINICAL NOTES: screening post dietary change Ceased Vit D 3

BIOCHEMISTRY

LIPID STUDIES

SPECIMEN: SERUM

Date:	21/04/23	21/10/22	27/04/22	
Coll. Time:	08:10	08:15	08:40	Desirable Range
Lab Number:	78151734	68661361	65308926	(Fasting)

Fasting Status	Fasting	Fasting	Fasting		
Total Chol.	* 7.4	* 6.9	* 6.8	(< 5.6)	mmol/L
HDL Chol.	2.9	2.8	2.6	(> 1.0)	mmol/L
LDL Chol.	* 4.0	* 3.6	* 3.6	(< 2.5)	mmol/L
Non-HDL Chol.	* 4.5	* 4.1	* 4.2	(< 3.9)	mmol/L
Triglyceride	1.0	1.0	1.2	(< 2.0)	mmol/L
LDL/HDL Ratio	1.4	1.3	1.4		
Chol/HDL Ratio	2.6	2.5	2.6		

78151734 Moderate elevation in LDL-Cholesterol. Suggest fasting glucose to exclude diabetes and TSH to exclude hypothyroidism. Interpret in conjunction with other cardiovascular risk factors.

Desirable ranges for high CV risk patients are:

LDL Cholesterol < 2.0 mmol/L

Non-HDL Cholesterol < 2.5 mmol/L

OHD-W LIP-C

This request has other tests in progress at the time of reporting

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Phone: 0438866068

Birthdate: 17/11/1969 Sex: F Medicare Number: 33019110081

Your Reference: 00250146 Lab Reference: 23-78151734-OHD-0

Laboratory: AUSTRALIAN CLINICAL LABS

Addressee: DR JANET REID Referred by: DR JANET REID

Name of Test: VITAMIN D

Requested: 20/04/2023 Collected: 21/04/2023 Reported: 21/04/2023
20:55

CLINICAL NOTES: screening post dietary change Ceased Vit D 3

BIOCHEMISTRY

VITAMIN D

SPECIMEN: SERUM

Date	Time	Lab No.	25-hydroxy Vitamin D	
21/04/23	08:10	78151734	64	nmol/L
21/10/22	08:15	68661361	77	
07/05/21	08:10	50063794	* 32	

78151734 Within normal limits.

Interpretation:

Vitamin D deficiency <50 nmol/L

Severe deficiency <20 nmol/L

COMMENT: Vitamin D sufficiency is defined as greater than or equal to 50 nmol/L at the end of winter (level may need to be 10-20 nmol/L higher at the end of summer).

Reference: Position Statement. Vitamin D and Health in Adults in Australia and New Zealand. MJA,196(11): 686-687, 2012.

OHD-C LIP-C

All tests on this request have now been completed