

5/20/2013

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Raffaele Vavala
Thornbury Traditional Chinese Medicine Center
4A Mitchell Street Northcote 3070 Vic

To whom it may concern;

RE: Ms. Soula Mantalvanos (D.O.B: 17/11/1969) of 3C/26 Wellington Street Collingwood 3066 Vic.

Ms. Soula Mantalvanos first sought my help 20/02/2013 with the view to initiate treatment for existing conditions through Traditional Chinese Medicine. Her main concerns related to an injury sustained 6 years ago for which she has undertaken multiple and substantial interventions both conventional and complementary.

Ms. Soula Mantalvanos explained that the initial injury had occurred whilst working as a graphic designer when the Fit Ball that she was using as a seat suddenly burst causing her to collapse heavily onto a concrete floor. Since then she has suffered relentless and severe pain which has removed her capacity to lead her normal professional and personal activities. The range of motion of the lower spine and hips has been restricted along with muscular weakness and abnormal sensory awareness of the legs and pelvic region. This lack of sensitivity and control has even encroached upon her urinary and bowel functions, whilst the pain abruptly and regularly disturbs normal sleep patterns.

Conventional examinations have revealed no bony deformations or other structural problems with the spine but admit to a severe injury to the peripheral nerves emanating from the lower spine and sacrum in particular the Pudendal Nerve. After various attempts at treating the chronic pain an electrical device was implanted and connected to the relevant nerve roots along with regular injections of chemical nerve blocks.

My own examination revealed swelling around the L5/S1 region and the Sacroiliac Joints along with a hypertonic muscular structure across the whole lumbar region. There was great sensitivity in these areas yet reduced sensitivity down into the legs. Movement was extremely guarded and not at all free. It was also evident that the severity of the situation over the years

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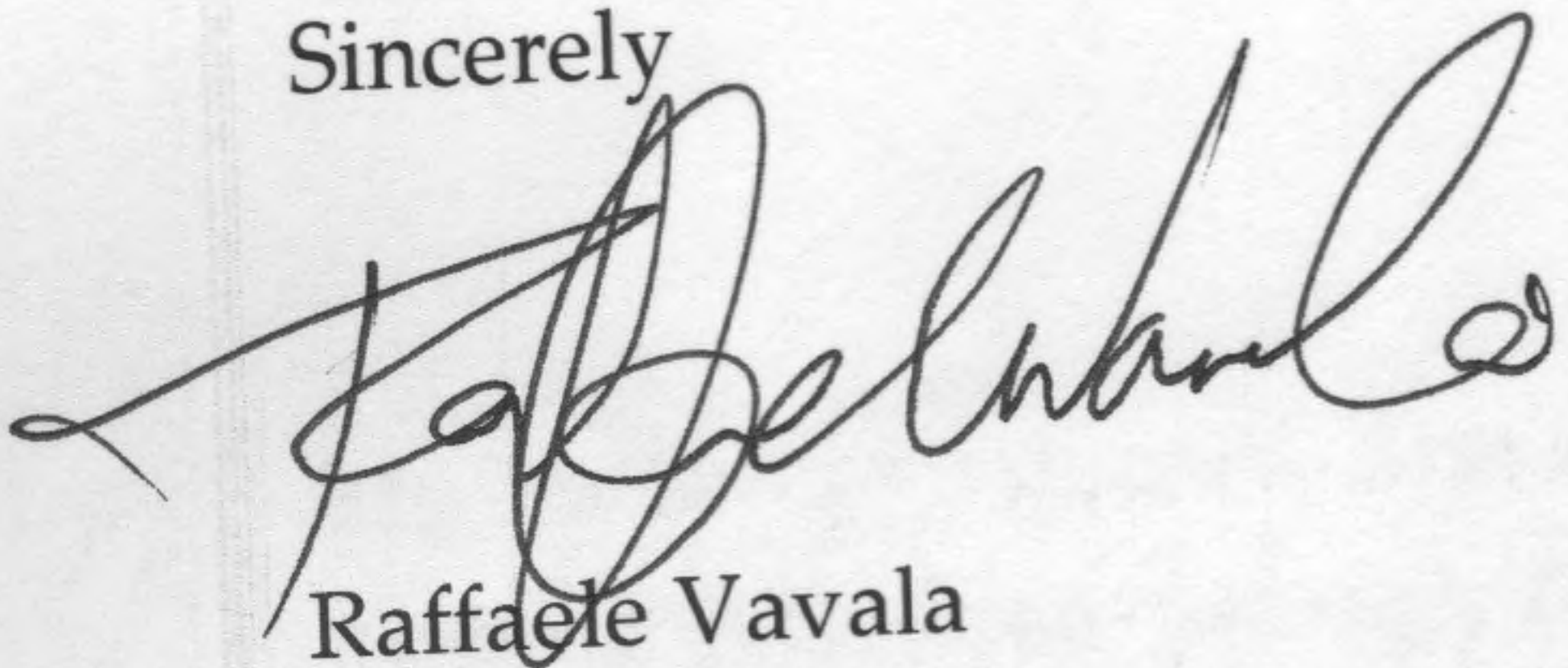
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has taken a considerable toll on Soula's general wellbeing in spite of which, to her great credit, she has maintained a positive mental outlook.

My primary aim is to attempt to reset the exquisite irritability of the regional nerves involved to regain a more normal sensory and motor function. To this end I have proposed and implemented a therapeutic protocol involving Acupuncture and Chinese Herbal Prescriptions. Initial results are promising but I do not foresee a rapid process and therefore it is my opinion that Soula's capacity to perform sustained activities generally accepted in normal daily and professional life can only be gradually expanded.

I am happy to address any concerns you may have on this matter.

Sincerely



Raffaele Vavala

Principal Practitioner (Reg: CMRB)

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