



List of exhibitors and stall numbers (please refer to the floor plan for your allocated stall):

EXHIBITOR	STALL
Multidisciplinary care in Community model (Dr Karen Dwyer, Dr Michael Axten)	1
Barwon Health Mental Health & Wellbeing Local (Dr Udai Kandalama)	2
Greater Geelong - <u>Queenscliffe</u> Mental Health & Wellbeing Local Connections Program (Erica Thompson)	
ADHD non-medication management, Eating Disorder Management (Amelia Shanahan, Dr Russell Golden)	3
Wise telepsychology (Dr Daniel Shea)	4
My Health Story (Soula Mantalvanos)	5
Managing life with Post Concussion Syndrome and PTSD - Rehabilitation & strategies; pets & poetry. (Catherine Hannah)	6
Long COVID Patients group (Simone and Linda Pierson)	7
Geelong Long COVID Clinic (Nicole Smith, Cat Farmer, Dr Bernard Shiu, Dr Jenny Huang)	8
Active Health Clinic incl. Dieticians (Nathan Butler)	9
Dieticians - role of (Oaklea Boss)	10
Active Geelong (Michelle Hemley, Janet Ashton)	11
Farm My School (James McLennan)	12
Common Ground Food Hub Geelong (Amy Tacey)	13
Doctors for the Environment Australia (Climate health) (Dr Gen Cowie, Dr Kristen Pearson)	26
<u>Womens</u> Health Vic (Linett Harriott)	14
Counterpart [Counterpart, <u>1800Options</u> , The Labia Library, In My Prime (Kellie Holland)	
The Sexual Assault & Family Violence Centre Geelong (Amy Tacey)	28
<u>Womens</u> Health & Wellbeing Barwon South West (Julie Spec)	15
Wise Self-Defence (Fiona Skene)	16

*Know Your Health.  
Own Your Life.*

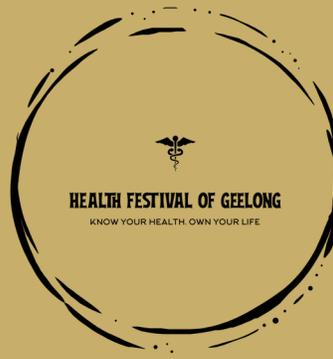


List of exhibitors (continued) and stall numbers (please refer to the floor plan for your allocated stall):

Pelvic Health (Dr Marilla Druitt, Katherine Stanley, Celia Bolton)	17
PHN Trans and Gender Diverse SIG (Dr Courtney Gardner, Steph Fung)	18
QHub (Jack Khouri)	19
Antenatal Care (Dr Chantal Atkinson, Dr Deepa Chinnachamy)	20
Monash IVF (Dr Prue Johnstone)	21
Adora Fertility (Jayne McCoola)	22
Allied Health Professionals keeping us active (Kieser Geelong)	23
WellTeam (Troy Flower)	24
Meridian Vein and Pain (Dr Amit Lakkaraju)	25
<b>Health Screening and Check up</b>	
BP check (Heart Foundation) (Evita Cheng, Heart Foundation)	27

---

*Know Your Health.  
Own Your Life.*



## STAGE PRESENTATIONS

Speakers will have a Transmitter and Headworn microphone each  
3x available at any one time

There will be 50x Headphones for the audience on the floor set up to tune into the channel for the stage presentations.

<https://www.djwarehouse.com.au/products/silent-pa-system>

Presenter		Duration	Time
A/Prof Magdalena Simonis [Master of Ceremony] - Introduce self - introducing Councillor Melissa Cadwell (8 mins) - thanking support from the WestVic and introduce sponsors (Banksia and Lake Imaging) - Donna from Lake Imaging & Dr Bernard Shiu from Banksia (3 mins each)		20 minutes	1:00pm
VicHealth Michelle Murray	<i>Social Connection, mental health and preventative to the medical system</i>	15 minutes	1:20pm
Dr Daniel Shea, Registered Clinical Forensic Psychologist and Managing Director of Wise Psychology	<i>Telehealth and accessing licensed psychologists wherever you are</i>	15 minutes	1:40pm
Dr Russell Golden Consultant Psychiatrist	<i>How to use your brain with ADHD</i>	20 minutes	2:00pm
Dr Marilla Druitt (Consultant O&G), Kat Stanley (Psychologist), Celia Bolton (Pelvic health Physio)	<i>Pelvic Health</i>	20 minutes	2:30pm
Active Geelong	<i>Move for your mind</i>	20 minutes	3:00pm
Farm My School	<i>Food education transforming unused land into regenerative market gardens - feed, educate and connect communities.</i>	20 minutes	3:30pm
A/Prof Magdalena Simonis [Master of Ceremony] - END			3:55pm

*Know Your Health.  
Own Your Life.*



## WORKSHOPS

Speakers will have a Transmitter and Headworn microphone each  
1x available at any one time

There will be 10x Headphones for the audience in each group set up to tune into the channel for the station they are at

<https://www.djwarehouse.com.au/products/silent-pa-system>

No microphone/headphone for Station 3 while Ambulance Victoria is operating their workshop.

### Station 1

Topic	Provider
1:00pm The Local mental health and wellbeing service of Geelong, bridging the gap in community mental health	Dr Udai Kandalama <a href="#">Barwon Health mental health, drugs &amp; alcohol services - Mental Health &amp; Wellbeing Local</a>
1:30pm Short poetry reading exploring life with a chronic health condition	Catherine Hannah <a href="#">Catherine Hannah Poetry</a>
2:00pm Support services to all people impacted by sexual and family violence	Anna Lawson <a href="#">The Sexual Assault &amp; Family Violence Centre</a>
2:30pm 1. Chronic Pain 2. Veins	Dr Amit Lakkaraju <a href="#">Meridian vein and pain</a>
3:00pm Women's Health Table Talks	Julie Spec <a href="#">Women's Health and Wellbeing Barwon South West</a>
3:30pm Female Pelvic floor disorders: Vaginal prolapse and urinary incontinence	Dr Chin Yong <a href="#">Consultant Urogynaecology and Pelvic Floor Reconstruction Surgeon</a>

*Know Your Health.  
Own Your Life.*



## Station 2

Topic	Provider
1:00pm Navigating health with Complex 'invisible' illnesses	Dietician and Exercise Physiologist from <a href="#">Active Health Clinic</a>
1:30pm Bones, Joint fractures and Ligaments	Dr Andrew Wilkinson <a href="#">Consultant Orthopaedics Surgeon</a>
2:00pm Female Pelvic floor disorders: Vaginal prolapse and urinary incontinence	Dr Chin Yong <a href="#">Consultant Urogynaecology and Pelvic Floor Reconstruction Surgeon</a>
2:30pm Men's Health: harnessing evolutionary biology combined with tech and gamification	Troy Flowers <a href="#">WellTeam</a>
3:00pm Strength in Health	Matt Uebergang <a href="#">Kieser Geelong</a>
3:30pm Resilient food system: connection to land, food and community driving social change	Amy Tacey <a href="#">Common Grounds Project</a>

## Station 3

CPR Training with AEDs  
With Ambulance Victoria

---

*Know Your Health.  
Own Your Life.*